

Recipe Allergen Report

Menu: All District Recipes



Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
855	4" Hoagie Roll (Elem)	No	No	No	No	No	Yes	No	Yes
433	Alfredo Sauce	No	No	Yes	No	No	No	No	No
857	American Cheese Slice	No	No	Yes	No	No	Yes	No	No
185	Apple Juice	No	No	No	No	No	No	No	No
73	Applesauce Cups	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
491	Asian Sesame Dressing	No	No	No	No	No	Yes	No	Yes
37	Baby Carrots	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
389	Bacon Cheeseburger	No	No	Yes	No	No	Yes	No	Yes
121	Bagel, Blueberry, WG	No	No	No	No	No	No	No	Yes
119	Bagel, WG	No	No	No	No	No	No	No	Yes
109	Banana Bread Slice	Yes	No	No	No	No	Yes	No	Yes
149	Banana Chocolate Chip Breakfast Bar	Yes	No	Yes	No	No	Yes	No	Yes
393	BBQ Beef Rib Sandwich	No	No	Yes	No	No	Yes	No	Yes
445	BBQ Sauce	No	No	No	No	No	No	No	No
413	Beef Meatballs	No	No	Yes	No	No	Yes	No	Yes
409	Beef Sausage Patty	No	No	No	No	No	No	No	No
125	Beef Teriyaki Dippers	No	No	No	No	No	Yes	No	Yes
197	Blueberry Bread	Yes	No	No	No	No	Yes	No	Yes
253	Blueberry Muffin	Yes	No	Yes	No	No	Yes	No	Yes
507	Bottled Water, Small	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
219	Breaded Chicken Drumstick	No	No	No	No	No	No	No	Yes

809	Breakfast Bowl	Yes	No	Yes	No	No	Yes	No	Yes
199	Breakfast Bun	Yes	No	Yes	No	No	Yes	No	Yes
213	Breakfast Burrito	Yes	No	Yes	No	No	Yes	No	Yes
825	Breakfast Fruit & Yogurt Parfait	No	No	Yes	No	No	Yes	No	Yes
179	Breakfast Pizza w/ Turkey Sausage	No	No	Yes	No	No	Yes	No	Yes
821	Breakfast Sandwich- Egg & Cheese on Bagel	Yes	No	Yes	No	No	Yes	No	Yes
819	Breakfast Sandwich- Egg & Cheese on English Muffin	Yes	No	Yes	No	No	Yes	No	Yes
813	Breakfast Sandwich- Sausage, Egg & Cheese on Bagel	Yes	No	Yes	No	No	Yes	No	Yes
811	Breakfast Sandwich- Sausage, Egg & Cheese on English Muffin	Yes	No	Yes	No	No	Yes	No	Yes
815	Breakfast Sandwich- Turkey Bacon, Egg & Cheese on Bagel	Yes	No	Yes	No	No	Yes	No	Yes
817	Breakfast Sandwich- Turkey Bacon, Egg & Cheese on English Muffin	Yes	No	Yes	No	No	Yes	No	Yes
77	Broccoli Florets	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
495	Caesar Dressing	Yes	Yes	Yes	No	No	No	No	No
473	Canned Applesauce	No	No	No	No	No	No	No	No
567	Carrot Slices	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
341	Celebration Cookie, IW	Yes	No	No	No	No	No	No	Yes
515	Celery Sticks	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
45	Cheese and Bean Burrito	No	No	Yes	No	No	Yes	No	Yes
49	Cheese Calzone	No	No	Yes	No	No	Yes	No	Yes
427	Cheese Pizza	No	No	Yes	No	No	Yes	No	Yes
175	Cheese Pizza Lunch Kit	No	No	Yes	No	No	Yes	No	Yes
177	Cheese Pizza Rippers	No	No	Yes	No	No	Yes	No	Yes
377	Cheese Pizza, 4x6	No	No	Yes	No	No	Yes	No	Yes
153	Cheese Quesadilla, IW	No	No	Yes	No	No	No	No	Yes
539	Cheeseburger	No	No	Yes	No	No	Yes	No	Yes
127	Cheeseburger Deluxe	No	No	Yes	No	No	No	No	Yes
511	Cherry Tomatoes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

97	Chicken Fajita Strips	No	No	No	No	No	No	No	No
61	Chicken Nuggets	No	No	No	No	No	Yes	No	Yes
101	Chicken Smackers	No	No	Yes	No	No	Yes	No	Yes
63	Chicken Tenders	No	No	No	No	No	Yes	No	Yes
165	Chocolate Chip Coffee Cake, WG	Yes	No	Yes	No	No	No	No	Yes
333	Chocolate Chip Cookie Dough	No	No	No	No	No	No	No	Yes
337	Chocolate Chip Cookie, IW	Yes	No	No	No	No	No	No	Yes
245	Chocolate Chip Muffin	Yes	No	Yes	No	No	Yes	No	Yes
363	Chocolate Cupcake	Yes	No	Yes	No	No	Yes	No	Yes
35	Chocolate Milk	No	No	Yes	No	No	No	No	No
95	Cinnamon Coffee Cake, WG	Yes	No	Yes	No	No	No	No	Yes
355	Cinnamon Roll, IW	No	No	Yes	No	No	Yes	No	Yes
235	Cinnamon Toast Crunch	No	No	No	No	No	Yes	No	Yes
237	Cinnamon Toast Crunch Bowlpack	No	No	No	No	No	Yes	No	Yes
207	Cocoa Puffs Bowlpack	No	No	No	No	No	Yes	No	Yes
241	Cream Cheese Cup	No	No	Yes	No	No	No	No	No
57	Crinkle Cut Potatoes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
513	Cucumber Slices	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
75	Cut Broccoli	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
569	Cut Green Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
531	Diced Peaches	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
847	Dinner Roll (Elem)	No	No	No	No	No	Yes	No	Yes
551	Domino's Cheese Pizza (Elem)	No	No	Yes	No	No	Yes	No	Yes
543	Domino's Cheese Pizza (MS/HS)	No	No	Yes	No	No	Yes	No	Yes
555	Domino's Pepperoni Pizza (Elem)	No	No	Yes	No	No	Yes	No	Yes
547	Domino's Pepperoni Pizza (MS/HS)	No	No	Yes	No	No	Yes	No	Yes
249	Double Chocolate Chip Muffin	Yes	No	Yes	No	No	Yes	No	Yes

345	Educational Snacks, English & Spanish	No	No	Yes	No	No	Yes	No	Yes
195	Emoji Fries	No	No	No	No	No	No	No	No
481	Enchilada Sauce	No	No	No	No	No	No	No	No
371	Fish Nuggets	No	Yes	No	No	No	Yes	No	Yes
145	French Toast Breakfast Bar	Yes	No	Yes	No	No	Yes	No	Yes
397	French Toast Sticks	No	No	No	No	No	Yes	No	Yes
231	Fresh Apple	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
41	Fresh Banana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
233	Fresh Orange	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
229	Froot Loops Bowlpack	No	No	No	No	No	Yes	No	Yes
403	Frosted Flakes	No	No	No	No	No	Yes	No	Yes
405	Frosted Flakes Bowlpack	No	No	No	No	No	Yes	No	Yes
135	Frudel, Apple	No	No	Yes	No	No	No	No	Yes
137	Frudel, Cherry	No	No	Yes	No	No	No	No	Yes
343	Fruit Sorbet, Sour Cherry-Lemon	No	No	No	No	No	No	No	No
519	Garbanzo Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
107	Goody Ring Donut	Yes	No	Yes	No	No	Yes	No	Yes
349	Graham Crackers	No	No	No	No	No	Yes	No	Yes
517	Green Bell Pepper Strips	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
59	Green Peas	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
71	Grilled Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
379	Grilled Chicken Breast Fillet	No	No	No	No	No	Yes	No	No
387	Grilled Egg Patty	Yes	No	Yes	No	No	Yes	No	No
537	Hamburger	No	No	No	No	No	No	No	Yes
807	Hash Brown Patty	No	No	No	No	No	No	No	No
141	Honey Nut Cheerios Bowlpack	No	No	No	No	No	No	Yes	No
143	Honey Nut Cheerios Bowlpack, GLUTEN FREE	No	No	No	No	No	No	Yes	No

851	Honey Wheat Breadstick (Elem)	No	No	No	No	No	Yes	No	Yes
431	Ketchup	No	No	No	No	No	No	No	No
521	Kidney Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
487	Light Ranch Drtessing	No	No	Yes	No	No	No	No	No
407	Mac & Cheese	Yes	No	Yes	No	No	No	No	Yes
477	Marinara Sauce	No	No	Yes	No	No	Yes	No	No
161	Marshmallow Mateys Cereal	No	No	No	No	No	No	No	Yes
385	Mashed Potatoes	No	No	Yes	No	No	No	No	No
441	Mayonnaise	Yes	No	No	No	No	No	No	No
131	Mini Cheese Ravioli	Yes	No	Yes	No	No	No	No	Yes
411	Mini Cheeseburgers	No	No	Yes	No	No	Yes	No	Yes
55	Mini Chicken Corn Dogs	Yes	No	No	No	No	Yes	No	Yes
43	Mini Cinnis	No	No	Yes	No	No	No	No	Yes
115	Mini Donuts, Chocolate	Yes	No	No	No	No	Yes	No	Yes
113	Mini Donuts, Powdered	Yes	No	No	No	No	Yes	No	Yes
133	Mini French Toast, Triple Berry	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
99	Mini Maple Pancakes	Yes	No	Yes	No	No	Yes	No	Yes
201	Mini Waffles	Yes	No	Yes	No	No	Yes	No	Yes
529	Mixed Fruit	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
457	Mustard	No	No	No	No	No	No	No	No
147	Oatmeal Chocolate Chip Breakfast Bar	Yes	No	Yes	No	No	Yes	No	Yes
81	Orange Chicken with Brown Rice	Yes	No	No	No	No	Yes	No	Yes
257	Orange Chicken with Chow Mein	Yes	No	No	No	No	Yes	No	Yes
189	Orange Juice	No	No	No	No	No	No	No	No
381	Oven Roasted Turkey Slices	No	No	No	No	No	No	No	No
831	Pancake on a Stick with Turkey Sausage	Yes	No	Yes	No	No	Yes	No	Yes
65	PB&J Sandwich, Large	No	No	No	Yes	No	Yes	No	Yes

69	PB&J Sandwich, Small	No	No	No	Yes	No	Yes	No	Yes
103	Penne Pasta	No	No	No	No	No	No	No	Yes
79	Pinto Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
123	Pizza Bagel	No	No	Yes	No	No	No	No	Yes
359	Popcorn Chicken	No	No	Yes	No	No	Yes	No	Yes
375	Pumpkin Cookie	Yes	No	No	No	No	Yes	No	Yes
425	Raisins, Unsweetened	No	No	No	No	No	No	No	No
173	Refried Beans	No	No	No	No	No	No	No	No
155	Regular Chicken Sandwich	No	No	No	No	No	Yes	No	Yes
217	RF Cool Ranch Doritos Chips	No	No	Yes	No	No	No	No	No
215	RF Nacho Cheese Doritos Chips	No	No	Yes	No	No	No	No	No
509	Romaine Lettuce	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
839	RUHS Breakfast Burrito	Yes	No	Yes	No	No	Yes	No	Yes
449	Salsa Mild	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
499	Shredded Cheddar Cheese	No	No	Yes	No	No	No	No	No
527	Shredded Iceberg Lettuce	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
461	Soy Sauce	No	No	No	No	No	Yes	No	No
419	Soybutter & Grape Jelly Sandwich	No	No	Yes	No	No	Yes	No	Yes
105	Spaghetti Pasta	No	No	No	No	No	No	No	Yes
157	Spicy Chicken Sandwich	No	No	No	No	No	Yes	No	Yes
151	State Fair Turkey Corn Dog	Yes	No	Yes	No	No	Yes	No	Yes
181	String Cheese	No	No	Yes	No	No	No	No	No
373	Stuffed Cheese Sticks	Yes	No	Yes	No	No	Yes	No	Yes
415	Syrup Cup	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
565	Taco Shells	No	No	No	No	No	No	No	No
453	Tapatio Hot Sauce	No	No	No	No	No	No	No	No
351	Tater Tots	No	No	No	No	No	No	No	No

167	Teriyaki Chicken with Brown Rice	No	No	No	No	No	Yes	No	Yes
503	Toasted Cinnamon Slice French Toast	No	No	Yes	No	No	Yes	No	Yes
469	Tomatoes, Diced	No	No	No	No	No	No	No	No
535	Tortilla Chips	No	No	No	No	No	No	No	No
843	Tostitos Scoops Chips	No	No	No	No	No	No	No	No
211	Trix Bowlpack	No	No	No	No	No	Yes	No	Yes
383	Turkey Ham	No	No	No	No	No	No	No	No
51	Turkey Pepperoni Calzone	No	No	Yes	No	No	Yes	No	Yes
595	Turkey Taco Meat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
367	Vanilla Cupcake	Yes	No	Yes	No	No	Yes	No	Yes
357	Waffle Fries	No	No	No	No	No	No	No	Yes
421	Wedge Potatoes	No	No	No	No	No	No	No	No
203	WG Cheddar Goldfish	No	No	Yes	No	No	No	No	Yes
285	WG Colored Goldfish	No	No	Yes	No	No	No	No	Yes
859	WG Fortune Cookie	No	No	No	No	No	Yes	No	Yes
465	WG Pancakes	No	No	Yes	No	No	Yes	No	Yes
275	WG Pretzel Goldfish	No	No	Yes	No	No	No	No	Yes
829	WG Roll	No	No	No	No	No	No	No	Yes
47	White 1% Milk	No	No	Yes	No	No	No	No	No
53	Whole Kernal Corn	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
193	Wildberry Juice	No	No	No	No	No	No	No	No
347	Yogurt, Strawberry Banana	No	No	Yes	No	No	No	No	No
401	Yogurt, Strawberry, Nonfat	No	No	Yes	No	No	No	No	No
111	Zucchini Bread Slice	Yes	No	No	No	No	Yes	No	Yes

* = Indicates missing Nutrient Information.

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